



NEPAL KYOKUSHIN-SEISHIN KAI KARATE ASSOCIATION (WKKO-NEPAL)

1ST ASIA CUP- 2020

KYOKUSHIN-SEISHIN KUMITE RULES

DURATION OF A MATCH

- ❖ Each Kumite shall last 3 minutes.
- ❖ If no decision in favour of either opponent is made by the 4 judges and the referee, and then the referee will authorize an extension, such extension to be limited to 2 minutes duration.
- ❖ If after the first extension there is still no decision a further 2 minutes, ENCHO is given.
- ❖ After this second two minutes 4 Judges should be declared a winner.

CRITERIA FOR DECISION

Full point wins (IPPON-GACHI):

The following cases will be judged as IPPON-GACHI (full point victory).

- ❖ With the exception of techniques which are fouls and not allowed by the contest rules, any technique that connects and instantaneously downs the opponent for longer than 3 seconds, scores a full point.
- ❖ If the opponent has loss of his will to fight for more than three seconds.
- ❖ When a contestant informs the referee or judges that he is beaten as the result of techniques allowed within the contest rules, his opponent shall be awarded a full point and the match.
- ❖ When having obtained two WAZA-ARI (half-points), which results in one IPPON (full-point).
- ❖ The disqualification of a contestant will automatically give the other contestant the win.

Half point win (WAZA-ARI):

The following cases will be judged as WAZA-ARI (half-point).

- ❖ Where a contestant is knocked down by a technique allowed within the contest rules and regains a standing position within 3 seconds, a half point will be awarded to his opponent. The (downed) opponent will be allowed to continue with the contest, only if in opinion of the referee and the doctor he is able to do so.
- ❖ This will be after consultation with the doctor, who can, on medical grounds stop the continuation of the match.
- ❖ If the opponent has lost his will to fight but resumes the fight within three seconds;
- ❖ If the opponent has received so much damage that he loses his balance, but not that he falls down.
- ❖ When an opponent is downed with any allowed technique including foot sweeps (ASHI-BARAI) or dodging the opponent's DOMAWASHI-KAITEN-GERI (rolling kick) which are followed up by a well focused non-contact technique to the body, WAZA-ARI is awarded.

Decision win (HANTEI):

- ❖ In case there is no IPPON nor disqualification, the decision supported by three or more out of the five referees (one referee, four corner judges) is valid.
- ❖ In case of one of the competitors having a WAZA-ARI, the WAZA-ARI will be the first priority in a decision.
- ❖ In case of no WAZA-ARI, the amount of damage will be the first priority in a decision.
- ❖ In case of no damages, the amount of techniques (punches, kicks), including YUKO-UCHI (point-giving techniques, but not enough for being a WAZA-ARI), will be the criteria for decision.

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- ❖ In case of same amount of techniques, including YUKO-UCHI, the referees shall give victory to the competitor who is more active or more aggressive in fighting. (This applies to the final extension where a winner has to be decided.)
- ❖ If CHUI (warning) or GENTEN (penalty) has been given to either of the competitors, the referees shall follow the criteria stated in “DECISION CRITERIA”.

JOGAI (Step outside competition area)

- ❖ If either of the competitors has stepped outside the area line completely with his both feet, it will be judged as JOGAI.
“JOGAI” will be concluded upon the referee’s command “YAME”.

MITOMEZU (No count)

- ❖ When IPPON (one full point), WAZAARI (one half point), HANSOKU (fouls), etc. is not approved of, it will be judged as MITOMEZU (No count).

CHUI (warning) & GENTEN (Penalty)

- ❖ A foul is charged with one warning “CHUI ICHI”.
- ❖ When any action is considered as a deliberate or malicious foul, or when a severe damage has been caused by a foul, a GENTEN ICHI (first penalty) may be given at the first time.
- ❖ CHUI NI (second warnings) results in GENTEN ICHI (first penalty), and GENTEN NI (second penalty) results in SHIKKAKU (disqualification).

PROHIBITED ACTS and TECHNIQUES

The following actions are considered as HANSOKU (fouls). The following matters depending on a foul’s gravity may merit CHUI, GENTEN or SHIKKAKU at the entire and absolute discretion of the referee and judges of the contest.

- ❖ Attacks with techniques using hands or elbows to the opponent’s head, face or neck. (Even a slight touch may result in HANSOKU. However, making faints to the face is allowed.)
- ❖ KINTEKI-GERI (groin kicks including any kind of the attack to the groin)
- ❖ ZU-TSUKI (head thrusts).
- ❖ TSUKAMI (grappling). (For whatever reason, to grapple the opponent’s Dogi is not allowed, neither to clinch hands with each other.)
- ❖ KAKE (hooking). (To grapple or hook the opponent’s neck, head, shoulders, etc.)
- ❖ OSHI (pushing). (Pushing with open hands, closed hands or with the body is not allowed. Basically it will be considered as HANSOKU even if you push only with one hand.)
- ❖ To Attack whilst leaning the head or body against the opponent.
- ❖ KAKAEKOMI (hugging and holding). (The person who puts his arms around the other one first will be given a foul.)
- ❖ Direct attacks to any part of the knee joints.
- ❖ Any intentioned attack to any part of the opponent’s spine from behind.
- ❖ To attack an opponent who is already down.
- ❖ Making an attack from the floor after having been downed by the opponent.
- ❖ KAKENIGE (run-away attack). (Pretend to attack whilst actually running away from the opponent.)
- ❖ Running away by repeatedly doing JOGAI. (Step outside area.)
- ❖ Failing to obey the referee’s instructions during the bout or making comments to the referee.
- ❖ Any action that may be considered as bad attitudes towards the competition.
- ❖ Any other actions that the referees may regard as fouls.



WARNINGS

The following matter may merit a warning at the discretion of the contest referee:

- ❖ Frequently retreating from out of the contest area or avoid fighting.
- ❖ Persistent bad behavior or violence.
- ❖ Contestants who refuse to fight for more than 30 seconds shall be regarded as lacking the will to fight and both contestants can be disqualified.

STANDARD ACTIONS AND TERMINOLOGY OF THE REFEREE AND CORNER JUDGES

Requests to referees and judges

- ❖ The most important thing for the referees and judges is to respect the life of the competitors and give it the highest priority during the bout. In case of any accident during the bout, the referee and judge shall have the capacity to stay calm, and to see clearly the situation in order to take quick and appropriate actions.
- ❖ The referees and judges must not be biased in judging, but must have the capacity to make fair judgments.
- ❖ The referees and judges must give signs and actions clearly and promptly.

TERMINOLOGY USED BY JODGES

OPENING THE BOUT:-

REI	cross the arms in front of the chest and say "osu".
SHOMEN REI	face the official seats.
SHUSHIN REI	face the main judge.
OTAGAINI REI	face each other.
KAMAETE	taking fighting stances.

DURING THE BOUT :-

YAME	stop the bout immediately.
KAMAETE	after stopping the bout, take fighting stances again.
ZOKKO(HAJIME)	start again the bout.
SHIRO	White. First competitor entering the arena.
AKA	Red. Second competitor entering the arena.

FOULS NAMES :-

GANMEN KOGEKI	attacking the first with the hand or elbow.
TSUKAMI	grasping the DOGI.
SHOTEI OSHI	pushing the opponent with open hands.
KINTEKI KOGEKI	kick to the groin.
ZUTSUKI	head thrust.
OTHERS	attack from the back, attack an opponent who is already down, etc.

FOULS CLASSIFICATION :-

CHUI ICHI	first warning.
CHUI NI	second warning, this constitutes a penalty.
GENTEN ICHI	first penalty.
GENTEN NI	second penalty, this actually constitutes dis-qualification.



Main judge says "Genten ni,shikkaku".

DECLARATION OF FOULS :-

The judge designates the competitor who made the foul as AKA or SHIRO and the declares the foul, and its nature. Eg "AKA, TSUKAMI, CHUI ICHI".

The competitor who committed the foul has to say "OSU" when hearing the main judge's declaration.

FULL POINT AND HALF POINT :-

IPPON the declaration of IPPON entails the victory. The main judge designates the competitor as AKA or SHIRO and declares "IPPON" and its nature.

Eg. "AKA, MIGI MAE
GERI, IPPON "

WAZA ARI effective attack which damages the opponent, but not to the same extent as an IPPON. Two declaration of WAZA ARI constitute a full point.

Eg. " AKA, MIGI MAE
GERI, WAZA ARI ".

DECISION :-

When no clear full point has been scored, the victory is awarded by decision.

The procedure of decision is as follows :

YAME stop the bout.

SHOMEN MUTTE face the front.

HANTEI O ONEGAI SHIMASU the main judge asks the decision of the assistant judge.

HANTEI when hearing this, the assistant judges must use the flags to show their decision.

SHIRO white, the assistant judges raise the flag

AKA red, having the same color as the competitor

whom they consider to be the winner.

HIKI WAKE draw.

ICHI one flag.

NI two flag.

SAN three flag.

SHI four flag.

SHUSHIN, AKA decision of the main judge. The main judge counts

SHUSHIN, SHIRO the number of flags and says his decision.

SHUSHIN, HIKI WAKE

eg. (a) "hikiwake ichi,shiro,ichi,ni,san.shushi,shiro"

(b) "hikiwake ichi, ichi,ni,shushin,hikiwake"

in case "shiro" wins 3 to 0.

(c) "shiro,ichi, ni, hikiwake, ichi,ni,shushin,hiki

wake" is case there is a draw.



DECLARATION OF DECISION :-

Main judge counts the number of flags, and says his own decision. At the same time he points obliquely with his hand to the winner. In case of a draw, he crosses obliquely downwards his hands. Then an extension is allowed.

END OF BOUT :-

The main judge declares the victory. This is the end of the bout.

SHOMEN NI REI
SHUSHIN NI REI
OTAGAI NI REI

The same as the opening of the bouts.

After the bowing to each other, competitors shake hand and leave the arena from their corner.

-END-

OSU!



1st Asia Cup Open International Full-contact Karate Tournament-2020
24TH&25TH JANUARY 2020 AT DASHRATH STADIUM, KATHMANDU, NEPAL

OFFICIAL ENTRY FORM

Last Name: First Name:
Date of Birth: Dan/Kyu:
Weight: Height:
Dojo/Organization: Instructor:

Category (Please Tick Mark)

Male Weight

- 30 k.g. Below 35 k.g. Below 40 k.g. Below 45 k.g. Below
 50 k.g. Below 55 k.g. Below 55 k.g. Over Open Weight

Female Weight

- 30 k.g. Below 35 k.g. Below 40 k.g. Below 45 k.g. Below
 50 k.g. Below 55 k.g. Below 55 k.g. Over Open Weight

Declaration

I, the undersigned, do hereby submit my application for the **1st Asia Cup Open International Fullcontact Karate Tournament-2020** held on the 24th&25th of January, 2020, in Kathmandu, Nepal. I hereby assume full responsibility for any or all injuries or damages or losses that may be sustained or incurred by me while competing or while in attendance at said event. I also acknowledge the inherent nature of this tournament and the possibility of injury as the competition involves contact. Therefore, I hereby waive all claims against **Nepal Kyokushin-Seishin Kaikan Karate Association** or any person involved therein, or any agents of said organization, including but not limited to promoters, staff, judges, referees or competitors of the tournament against any injuries or damages or losses that may occur or that I may suffer, and hereby consent not to sue any such individuals or organizations involved in the said tournament for any reason whatsoever, as I hereby certify that I am assuming all risks resulting from this tournament. It is understood that this is a sporting event that involves physical contact. It is understood that any treatment given for any possible injury will be of first-aid type only. I give consent to any and all reproduction of my likeness created in any manner (pictures, videos and the like) for promotional or publicity use and waive any claim for compensation. Please note that this is an application and may be refused at the organizer's discretion, and that there will be no refund whatsoever by reason of any kind of disqualification or expulsion.

The Tournament Committee reserves the right to verify any information by asking for picture identification or re- weighing of any competitor. Immediate disqualification without reimbursement from the Tournament will be the result of any false information provided, including as to weight, rank or age.

I have fully read, understand, and agree to all the terms of the application and rules of the Tournament.

Signature.....**Date**.....**Country/Country**.....
Instructor's Name and Signature

Shihan Ashok Kumar Shrestha